

- 4 mf 1 My God, my God, why have / you for- / saken me? and are so far from my cry and from the / words of / my dis- / tress?
  - 2 O my God, I cry in the daytime, but you / do not / answer; by night as well, / but I / find no / rest.
- 3 Yet / you are the / Holy One, en- / throned up- on the / praises of / Israel.
  - 4 Our forefathers / put their / trust in you; they trusted, / and you de- / li-vered / them.
- 5 They cried out to you and / were de- / livered; they trusted in you and / were not / put to / shame.
  - 6 But as for me, I am a / worm and no / man, scorned by / all and de- / spised by the / people.
- M 7 All who see me / laugh me to / scorn; they curl their lips and / wag their / heads, / saying,
- W 8 "He trusted in the LORD;  $\parallel$  / let him de- / liver him; let him rescue him, / if he de- / lights in / him."
- 9 Yet you are he who took me / out of the / womb, and kept me / safe up- on my / mo-ther's / breast.
  - 10 I have been entrusted to you ever / since I was / born; you were my God when I was / still in my / mo-ther's / womb.
- U †11 Be not far from me, for / trouble is / near, and / there is / none to / help.
- Glory to the Father, and / to the / Son, and / to the / Ho-ly / Spirit:
  - as it was in the be- / ginning, is / now, and /  $\overline{\text{will be}}$  for- / ever.  $\parallel$  A- / men.