



- 4     1 I cry to the / LORD with my / voice;  
          to the LORD I make / loud / sup-pli- / cation.
- 2 I pour out my com- / plaint be- / fore him  
       and / tell him / all my / trouble.
- 4     3 When my spirit languishes within me, || you / know my / path;  
          in the way wherein I walk they have / hidden a / trap for / me.
- 4 I look to my right hand and find / no one who / knows me;  
       I have no place to / flee to, and / no one / cares for me.
- 4     5 I cry out to / you, O / LORD;  
          I say, || “You are my refuge, || my / portion in the / land of the / living.”
- 6 Listen to my cry for help, || for I have been / brought very / low;  
       save me from those who pursue me, || for / they are too / strong for / me.
- 4     †7 Bring me out of prison, || that I may give / thanks to your / Name;  
          when you have dealt bountifully with me, || the / righteous will / gather a- / round me.
- 4     Glory to the Father, and / to the / Son,  
          and / to the / Ho-ly / Spirit:
- as it was in the be- / ginning, is / now,  
       and / will be for- / ever. || A- / men.