

- 1 LORD, you have searched me / out and / known me; you know my sitting down and my rising up; || you dis- / cern my / thoughts from a- / far.
 - 2 You trace my / journeys and my / resting -places and are ac- / quainted with / all my / ways.
- 3 Indeed, there is not a / word on my / lips, but you, O LORD, / know it / al-to- / gether.
 - 4 You press upon me be- / hind and be- / fore and / lay your / hand up- / on me.
- ⁴ †5 Such knowledge is too / wonderful for / me; it is so / high that I / cannot at- / tain to it.
- 4 12 For you yourself created my / in-most / parts; you knit me to- / gether in my / moth-er's / womb.
 - 13 I will thank you because I am / marv'lous-ly / made; your works are wonderful, / and I / know it / well.
- 4 14 My body was not / hidden from / you, while I was being made in secret and / woven in the / depths of the / earth.
 - 15 Your eyes beheld my limbs, yet unfinished in the womb; || all of them were / written in your / book; they were fashioned day by day, when as / yet / there was / none of them.
- 4 16 How deep I find your / thoughts, O / God! how / great / is the / sum of them!
 - 17 If I were to count them, they would be more in / number than the / sand; to count them all, my life span would / need to / be like / yours.
- Glory to the Father, and / to the / Son, and / to the / Ho-ly / Spirit:
 - as it was in the be- / ginning, is / now, and / will be for- / ever. || A- / men.