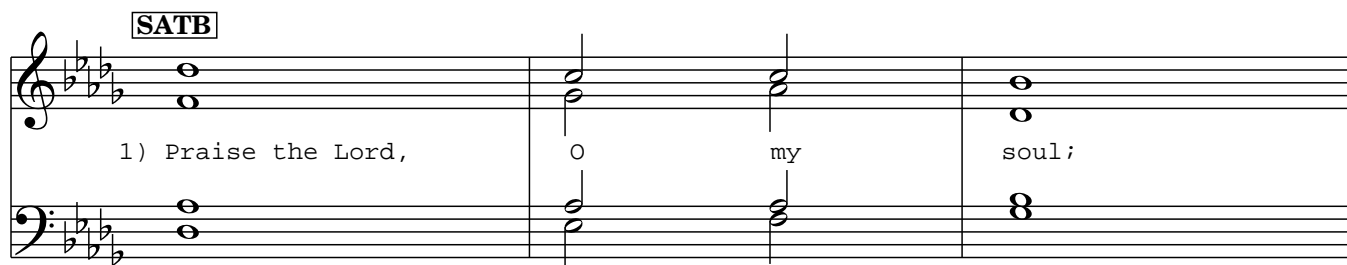


# Psalm 103

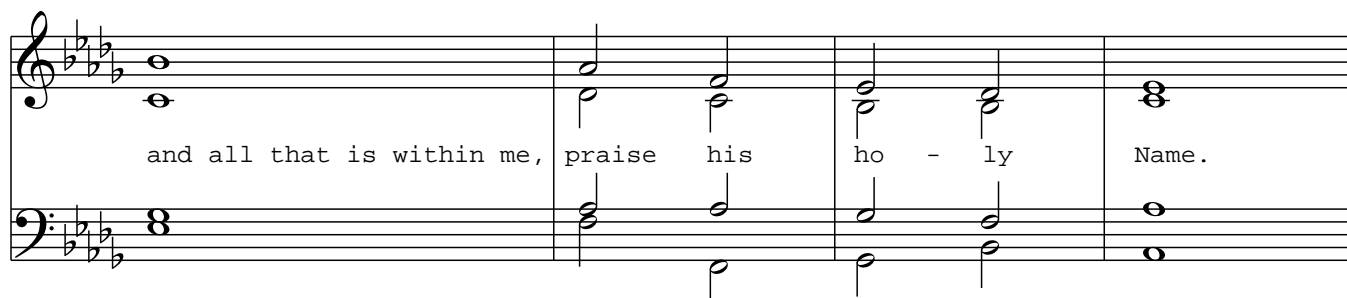
*Benedic, anima mea*

Charles Harford Lloyd (1849-1919)  
Michael Lindstrom (b.1955)

**SATB**



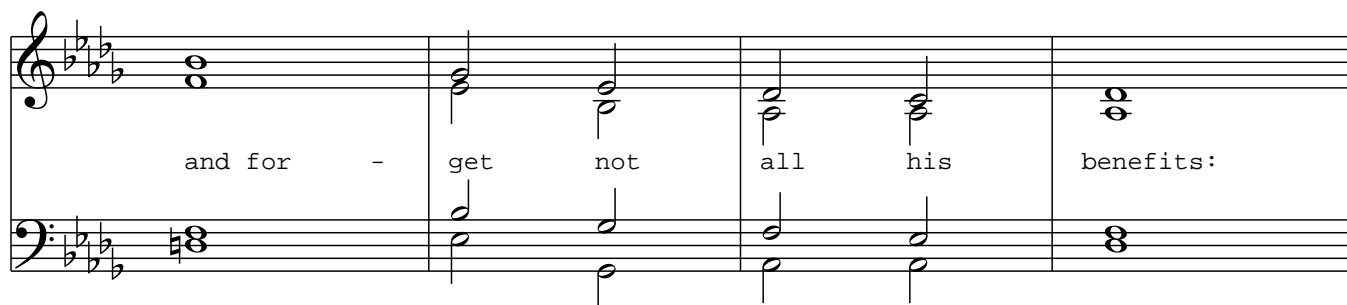
1) Praise the Lord, O my soul;



and all that is within me, praise his ho - ly Name.



2) Praise the Lord, O my soul,



and for - get not all his benefits:

Psalm 103

**TB**

3) Who forgiveth all thy sin,

and healeth ALL thine in - firmities;

**SA**

4) Who saveth thy life from de - struction,

and crowneth thee with mercy and lov - ing - kindness;

Psalm 103

**Unison** 2nd half of chant

5) Who satisfieth thy mouth with GOOD things,

making thee young and lust - y as an eagle.

Psalm 103

**SATB**

6) The Lord executeth righteousness and judgment

This system shows the first three measures of the first musical phrase. The vocal parts (Soprano, Alto, Tenor, Bass) are arranged in four staves. The lyrics are: "6) The Lord executeth righteousness and judgment". The music is in a key with four flats (B-flat major or D-flat minor) and a common time signature. The notes are mostly whole notes, with some half notes in the second measure.

for all them that are oppressed with wrong.

This system shows the next four measures of the first musical phrase. The lyrics are: "for all them that are oppressed with wrong.". The musical notation continues with whole and half notes across the four vocal staves.

7) He showed his ways un - to Moses,

This system shows the first three measures of the second musical phrase. The lyrics are: "7) He showed his ways un - to Moses,". The musical notation continues with whole and half notes across the four vocal staves.

his works unto the children of Israel.

This system shows the next four measures of the second musical phrase. The lyrics are: "his works unto the children of Israel.". The musical notation continues with whole and half notes across the four vocal staves.

Psalm 103

**TB**

8) The Lord is full of com - passion and mercy,

This musical system is for the Tenor Bass (TB) part. It consists of two staves, treble and bass, in a key of three flats (B-flat major or D-flat minor). The melody is written in the treble staff, and the bass line is in the bass staff. The lyrics are: "8) The Lord is full of com - passion and mercy,". The music is in common time (C). The first measure has a whole note chord. The second and third measures have half notes. The fourth measure has a whole note chord.

**SA**

long-suffering, and of GREAT goodness.

This musical system is for the Soprano Alto (SA) part. It consists of two staves, treble and bass, in a key of three flats. The melody is in the treble staff. The lyrics are: "long-suffering, and of GREAT goodness.". The music is in common time. The first measure has a whole note chord. The second and third measures have half notes. The fourth measure has a whole note chord.

**TB**

9) He will not alway be chiding;

This musical system is for the Tenor Bass (TB) part. It consists of two staves, treble and bass, in a key of three flats. The melody is in the treble staff. The lyrics are: "9) He will not alway be chiding;". The music is in common time. The first measure has a whole note chord. The second and third measures have half notes. The fourth measure has a whole note chord.

**SA**

neither keepeth he his anger for ever.

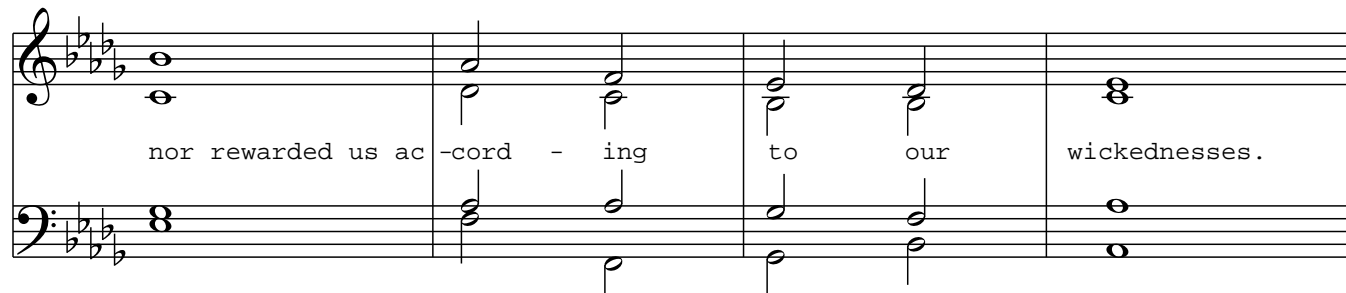
This musical system is for the Soprano Alto (SA) part. It consists of two staves, treble and bass, in a key of three flats. The melody is in the treble staff. The lyrics are: "neither keepeth he his anger for ever.". The music is in common time. The first measure has a whole note chord. The second and third measures have half notes. The fourth measure has a whole note chord.

Psalm 103

**SATB**



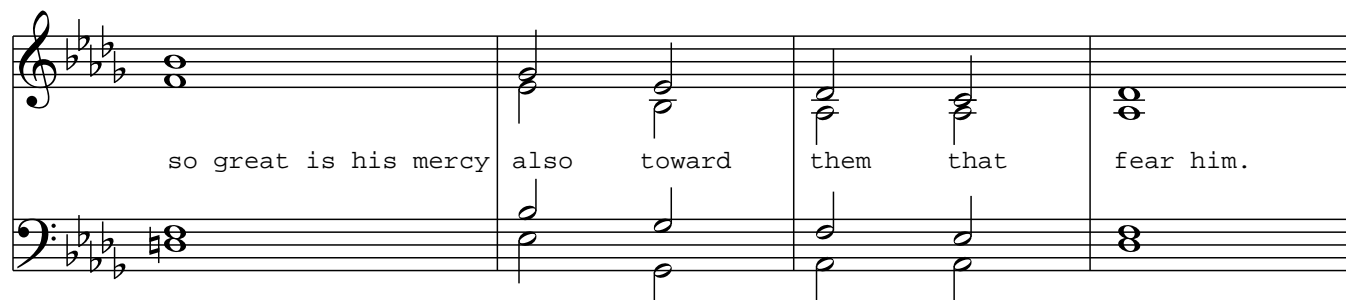
10) He hath not dealt with us after our sins;



nor rewarded us according to our wickednesses.



11) For look how high the heav'n is in comparison of the earth;



so great is his mercy also toward them that fear him.

Psalm 103

**Unison**

12) Look how wide also the east is from the west;

so far hath he set our SINS from us.

**SATB**

13) Yea, like as a father pitieth his OWN children;

even so is the Lord merciful un - to them that fear him.

Psalm 103

**SATB**

14) For he knoweth where - of we are made;

he re - membereth that we are but dust.

15) The days of man are but as grass;

for he flourisheth as a flo - wer of the field.



Psalm 103

**SATB**

*2nd half of chant*

16) For as soon  
as the wind goeth over it, ) it is gone;

and the place there -of shall know it no more.

Psalm 103

**SATB**

*New chant - Lindstrom*

17) But the merciful goodness of the Lord  
endureth for ever and ever upon them that fear him;

and his righteousness up - ON chil - dren's children;

18) Even upon such as keep his covenant,

and think upon his com - mand - ments to do them.

Psalm 103

**SATB**

19) The Lord hath prepared his seat in heav'n,

and his kingdom rul - eth o - ver all.

20) O praise the Lord,  
ye angels of his, ) ye that ex - cel in strength;

ye that fulfil his commandment,  
and hearken unto the voice of HIS word.

Psalm 103

**SATB**

21) O praise the Lord, all ye his hosts;

ye servants of his that do his pleasure.

22) O speak good of the Lord, all ye works of his, in all places of his do - minion:

praise thou the LORD, O my soul.

Psalm 103

**SATB**

Glory be to the Father, and to the Son,

This system contains the first three measures of the SATB choir setting. The music is in G major (one sharp) and 8/8 time. The lyrics are 'Glory be to the Father, and to the Son,'. The vocal parts are arranged in four staves: Soprano, Alto, Tenor, and Bass. The Soprano part begins with a whole note G4, followed by a half note A4, and a whole note B4. The Alto part begins with a whole note F#4, followed by a half note G4, and a whole note A4. The Tenor part begins with a whole note E4, followed by a half note F#4, and a whole note G4. The Bass part begins with a whole note C4, followed by a half note D4, and a whole note E4. The time signature '8' is shown in the Soprano and Bass staves.

and to the Ho - ly Ghost;

This system contains the next four measures of the SATB choir setting. The lyrics are 'and to the Ho - ly Ghost;'. The vocal parts continue with the same melodic lines. The Soprano part has a whole note B4, followed by a half note C5, and a whole note D5. The Alto part has a whole note A4, followed by a half note B4, and a whole note C5. The Tenor part has a whole note G4, followed by a half note A4, and a whole note B4. The Bass part has a whole note E4, followed by a half note F#4, and a whole note G4. The time signature '8' is shown in the Soprano and Bass staves.

As it was in the beginning, is now, and ev - er shall be,

This system contains the next three measures of the SATB choir setting. The lyrics are 'As it was in the beginning, is now, and ev - er shall be,'. The vocal parts continue with the same melodic lines. The Soprano part has a whole note D5, followed by a half note C5, and a whole note B4. The Alto part has a whole note C5, followed by a half note B4, and a whole note A4. The Tenor part has a whole note B4, followed by a half note A4, and a whole note G4. The Bass part has a whole note G4, followed by a half note F#4, and a whole note E4. The time signature '8' is shown in the Soprano and Bass staves.

world without end. ) A - - men.

This system contains the final four measures of the SATB choir setting. The lyrics are 'world without end. ) A - - men.'. The vocal parts continue with the same melodic lines. The Soprano part has a whole note B4, followed by a half note A4, and a whole note G4. The Alto part has a whole note A4, followed by a half note G4, and a whole note F#4. The Tenor part has a whole note G4, followed by a half note F#4, and a whole note E4. The Bass part has a whole note E4, followed by a half note D4, and a whole note C4. The time signature '8' is shown in the Soprano and Bass staves.