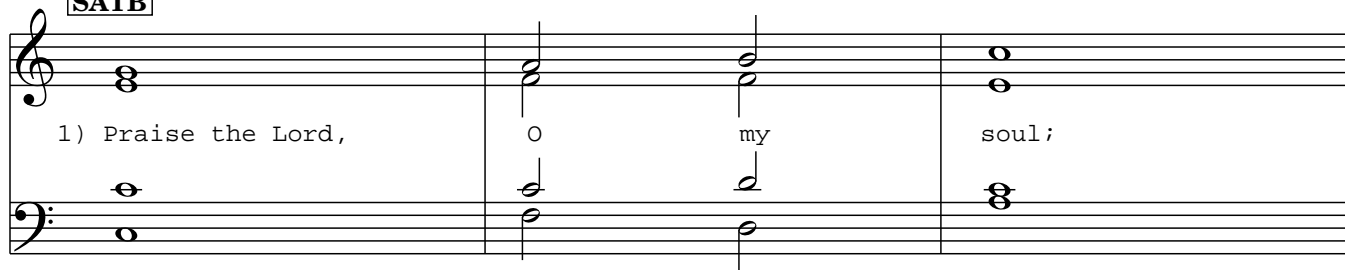


Psalm 103

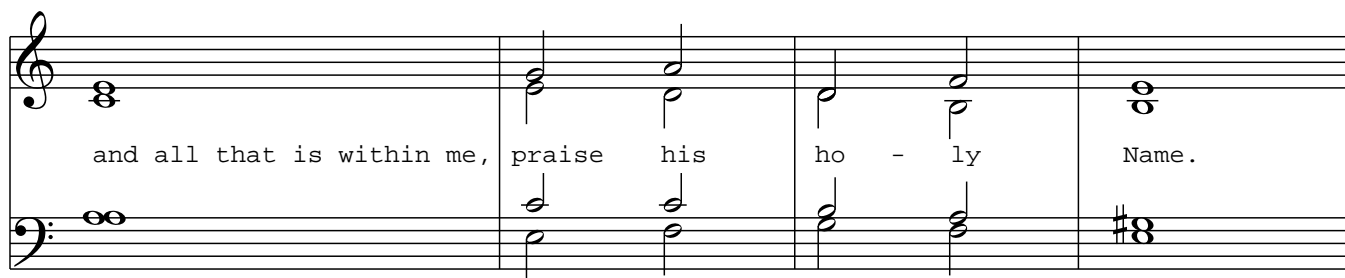
Benedic, anima mea

Michael Lindstrom (b.1955)
Peter Aston (1938-2013)

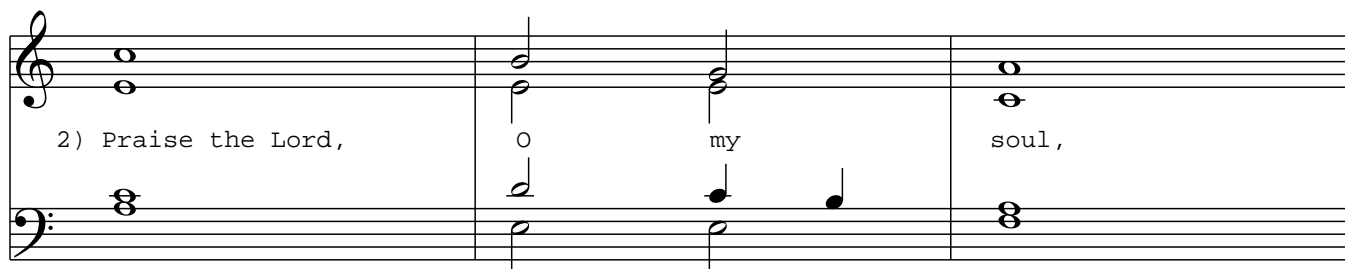
SATB



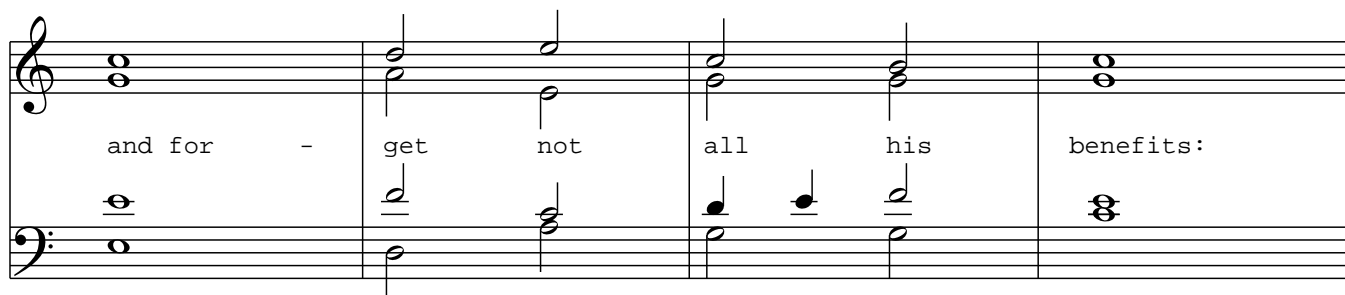
1) Praise the Lord, O my soul;



and all that is within me, praise his ho - ly Name.



2) Praise the Lord, O my soul,



and for - get not all his benefits:

Psalm 103

TB

3) Who forgiveth all thy sin,

This system shows the first three measures of the TB part. The music is in treble and bass clefs with a key signature of one flat. The lyrics are '3) Who forgiveth all thy sin,'. The notes are: Treble (G4, A4, B4, C5), Bass (G3, A3, B3, C4).

and healeth ALL thine in - firmities;

This system shows the next four measures. The lyrics are 'and healeth ALL thine in - firmities;'. The notes are: Treble (D4, E4, F4, G4), Bass (D3, E3, F3, G3).

SA

4) Who saveth thy life from de - struction,

This system shows the first three measures of the SA part. The music is in treble and bass clefs with a key signature of one flat. The lyrics are '4) Who saveth thy life from de - struction,'. The notes are: Treble (G4, A4, B4, C5), Bass (G3, A3, B3, C4).

and crowneth thee with mercy and lov - ing - kindness;

This system shows the next four measures. The lyrics are 'and crowneth thee with mercy and lov - ing - kindness;'. The notes are: Treble (D4, E4, F4, G4), Bass (D3, E3, F3, G3).

Psalm 103

Unison 2nd half of chant

5) Who satisfieth thy mouth with GOOD things,

making thee young and lust - y as an eagle.

Psalm 103

SATB

6) The Lord executeth righteousness and judgment

This system contains the first line of the SATB choir setting. It features a treble and bass staff with a key signature of one flat (B-flat) and a common time signature (C). The lyrics are: "6) The Lord executeth righteousness and judgment". The music is written in a simple, homophonic style with whole and half notes.

for all them that are oppressed with wrong.

This system contains the second line of the SATB choir setting. The lyrics are: "for all them that are oppressed with wrong.". The music continues with a similar homophonic style, using whole and half notes.

7) He showed his ways un - to Moses,

This system contains the third line of the SATB choir setting. The lyrics are: "7) He showed his ways un - to Moses,". The music continues with a similar homophonic style, using whole and half notes.

his works unto the chil - dren of Israel.

This system contains the fourth line of the SATB choir setting. The lyrics are: "his works unto the chil - dren of Israel.". The music concludes with a similar homophonic style, using whole and half notes.

Psalm 103

TB

8) The Lord is full of com - passion and mercy,

SA

long-suffering, and of GREAT goodness.

TB

9) He will not always be chiding;

SA

neither keepeth he his an - ger for ever.

Psalm 103

SATB

10) He hath not dealt with us after our sins;

nor rewarded us according to our wickednesses.

11) For look how high the heav'n is in comparison of the earth;

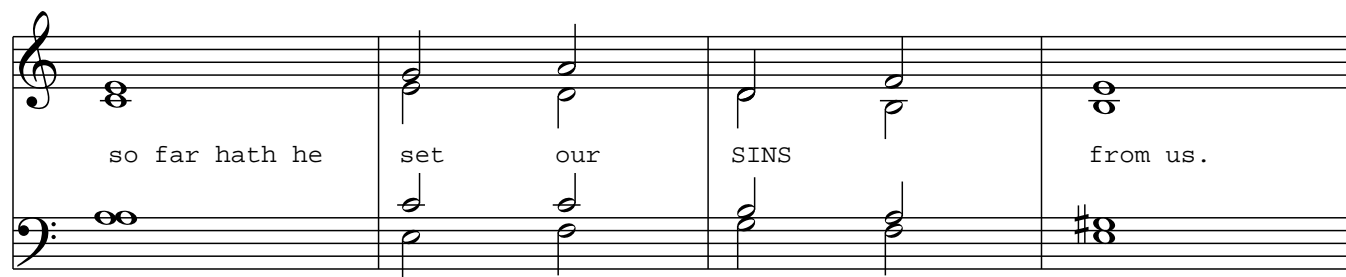
so great is his mercy also toward them that fear him.

Psalm 103

Unison



12) Look how wide also the east is from the west;

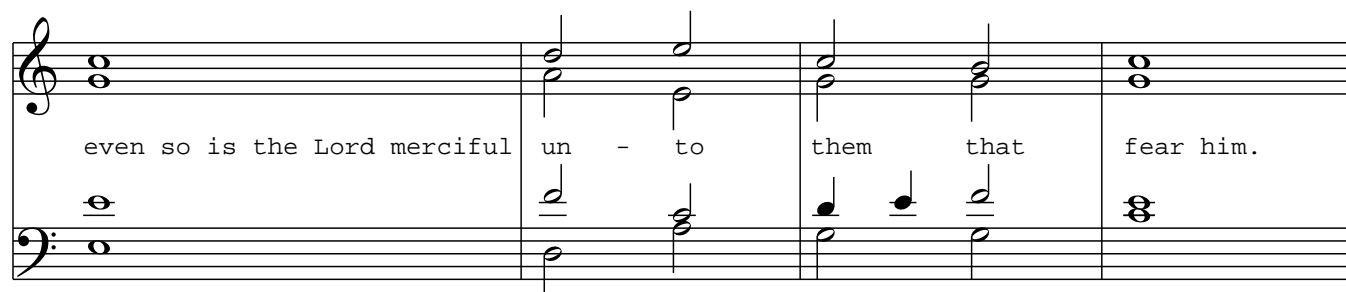


so far hath he set our SINS from us.

SATB



13) Yea, like as a father pitieth his OWN children;



even so is the Lord merciful un - to them that fear him.

Psalm 103

SATB

14) For he knoweth where - of we are made;

This system of the musical score for SATB choir consists of two staves, treble and bass. The time signature is 8/8. The lyrics are "14) For he knoweth where - of we are made;". The melody is written in the treble clef, and the bass line is in the bass clef. The music is in a simple, homophonic style.

he re - membereth that we are but dust.

This system continues the musical score. The lyrics are "he re - membereth that we are but dust.". The melody continues in the treble clef, and the bass line continues in the bass clef. The time signature remains 8/8.

15) The days of man are but as grass;

This system continues the musical score. The lyrics are "15) The days of man are but as grass;". The melody continues in the treble clef, and the bass line continues in the bass clef. The time signature remains 8/8.

for he flourisheth as a flo - wer of the field.

This system concludes the musical score. The lyrics are "for he flourisheth as a flo - wer of the field.". The melody continues in the treble clef, and the bass line continues in the bass clef. The time signature remains 8/8.

Psalm 103

SATB

2nd half of chant

16) For as soon
as the wind goeth over it,) it is gone;

and the place there -of shall know it no more.


Psalm 103

SATB

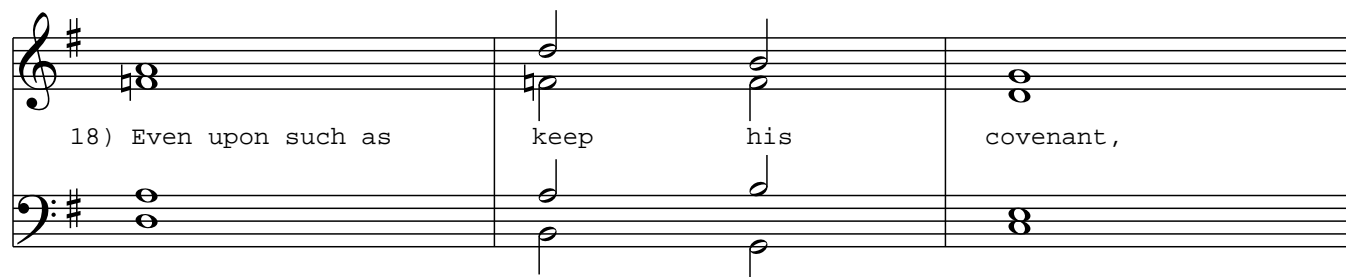
New chant - Aston



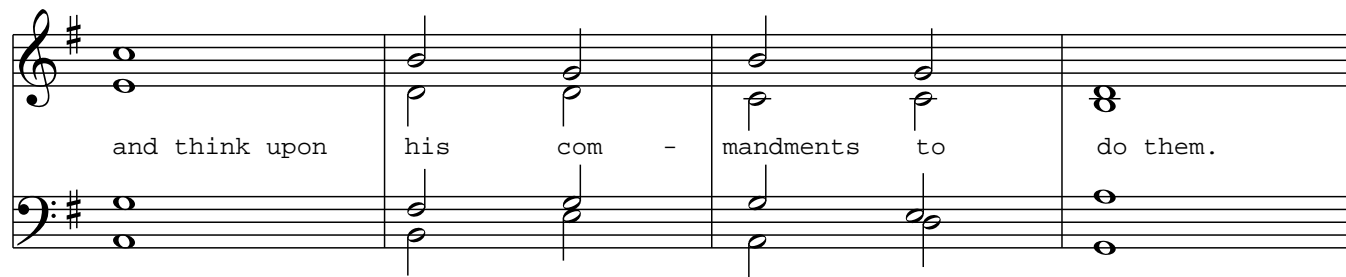
17) But the merciful goodness of the Lord
endureth for ever and ever upon them that fear him;



and his righteousness up - ON chil - dren's children;



18) Even upon such as keep his covenant,



and think upon his com - mandments to do them.

Psalm 103

SATB

19) The Lord hath prepared his seat in heav'n,

and his kingdom rul - eth o - ver all.

20) O praise the Lord,
ye angels of his,) ye that ex - cel in strength;

ye that fulfil his commandment,
and hearken unto the voice of HIS word.

Psalm 103

SATB

21) O praise the Lord, all ye his hosts;

ye servants of his that do his pleasure.

22) O speak good of the Lord,
all ye works of his, in all places of his do - minion:

praise thou the LORD,
O my soul.

Psalm 103

SATB

Glory be to the Father, and to the Son,

This system of the musical score is for a SATB choir. It begins with a treble clef, a key signature of one sharp (F#), and a common time signature (C). The first measure contains the lyrics 'Glory be to the Father, and' and features a whole note chord in the treble and a whole note chord in the bass. The second measure contains the lyrics 'to the' and features a half note in the treble and a half note in the bass. The third measure contains the lyrics 'Son,' and features a whole note chord in the treble and a whole note chord in the bass. The system concludes with a double bar line.

and to the Ho - ly Ghost;

This system continues the musical score. It starts with a treble clef, a key signature of one sharp (F#), and a common time signature (C). The first measure contains the lyrics 'and' and features a whole note chord in the treble and a whole note chord in the bass. The second measure contains the lyrics 'to the' and features a half note in the treble and a half note in the bass. The third measure contains the lyrics 'Ho - ly' and features a half note in the treble and a half note in the bass. The fourth measure contains the lyrics 'Ghost;' and features a whole note chord in the treble and a whole note chord in the bass. The system concludes with a double bar line.

As it was in the beginning, is now, and ev - er shall be,

This system continues the musical score. It starts with a treble clef, a key signature of one sharp (F#), and a common time signature (C). The first measure contains the lyrics 'As it was in the beginning, is now, and' and features a whole note chord in the treble and a whole note chord in the bass. The second measure contains the lyrics 'ev - er' and features a half note in the treble and a half note in the bass. The third measure contains the lyrics 'shall be,' and features a whole note chord in the treble and a whole note chord in the bass. The system concludes with a double bar line.

world without end.) A - - men.

This system concludes the musical score. It starts with a treble clef, a key signature of one sharp (F#), and a common time signature (C). The first measure contains the lyrics 'world without' and features a whole note chord in the treble and a whole note chord in the bass. The second measure contains the lyrics 'end.)' and features a half note in the treble and a half note in the bass. The third measure contains the lyrics 'A - -' and features a half note in the treble and a half note in the bass. The fourth measure contains the lyrics 'men.' and features a whole note chord in the treble and a whole note chord in the bass. The system concludes with a double bar line.